



# WRE TrailO Weekend in Rome

## Spinaceto / Parco degli Acquadotti – 6/7 November 2021

### Bulletin n.2

published on 26/10/2021

<b>Website</b>	<a href="https://asdorsamaggiore.it/trailo-weekend-in-rome-2021/">https://asdorsamaggiore.it/trailo-weekend-in-rome-2021/</a>
<b>Organisation</b>	club: A.S.D. Orsa Maggiore - race director: Daniele Guardini course planner: Remo Madella - IOF adviser: Giuliano Michelotti
<b>Classes</b>	Trail-O: OPEN ELITE – PHYSICALLY CHALLENGED – DIRECT – BEGINNERS Foot-O: NERO (Black) – ROSSO (Red) – BIANCO (White) – ESORDIENTI (Beginners)
<b>Entry fees</b>	Trail-O > OPEN ELITE / PH.CH.: 10€/competition DIRECT / BEGINNERS: 5€/competition Foot-O > NERO / ROSSO: 7€/competition BIANCO / ESORDIENTI: 4€/competition 30€ if you register to all events in Open Elite + Black/Red. SI-Card rental: 2€/day
<b>Entries</b>	Entry deadline 1 <sup>st</sup> november, late entry until 3 <sup>rd</sup> november with +50% charge * Trail-O entries in Open Elite/Physically Challenged with <a href="#">IOF Eventor website</a> Direct/Beginners and Foot-O entries for foreign clubs/competitors via email to <a href="mailto:asd.orsamaggiore@gmail.com">asd.orsamaggiore@gmail.com</a> (name/surname/country/ club/d.o.b./sicard number or 'need to rent'), Italian clubs shall use online entries on <a href="http://www.fiso.it">www.fiso.it</a> <i>* Direct/Beginners can still enter until the competition day with no extra charge</i>
<b>Payment</b>	Only by bank transfer no later than 4 <sup>th</sup> november (send the receipt by email) Account owner: A.S.D. ORSA MAGGIORE IBAN: IT67 J052 1603 2040 0000 0005 890 BIC/SWIFT: BPCVIT2S Please add this note: TRAILO WEEKEND ENTRY <club name or surname/name>
<b>Results and prizes</b>	Results will be published on <a href="http://www.asdorsamaggiore.it">www.asdorsamaggiore.it</a> Foot-O live results on <a href="http://www.bostek.it/live">www.bostek.it/live</a> or Oribos Live app Prize giving on Sunday, after the competition, for the first three OPEN ELITE and PH.CH. of both stages (no combined results of the two stages) and the first Man and Woman on NERO and ROSSO Foot-O classes.
<b>Covid info</b>	Italian Federation's guidelines will be adopted during the competition, including the use of sanitising gel at start/finish and time controls, keeping social distancing, wearing a mask before the start and after the finish when in assembly areas, no refreshment points after the race. Before entering Italy, you are required to fill an online passenger locator form, check the website <a href="http://app.euplf.eu">app.euplf.eu</a> for further info. Check other covid requirements for travellers <a href="#">here</a> .

<b>Saturday 6<sup>th</sup> november – TEMP-O event @ Spinaceto neighbourhood</b>	
<b>Event centre</b>	Park area at the end of via Carlo Avolio – <a href="#">GPS 41.790012, 12.443491</a> It is an outdoor event center – with possibility of canopy in case of rain (it is possible to leave small bags at the registration desk)
<b>Transport</b>	EUR FERMI metro B station + bus 705/706 (get off at “Resistenza/Marzabotto” stop)
<b>Start times</b>	First start at <b>1 PM</b> (changed from bulletin n.1) close to the event centre
<b>Courses</b>	OPEN ELITE / PHYSICALLY CHALLENGED: 7 stations with 5 tasks each DIRECT / BEGINNERS: 4 stations with 5 tasks each A sample time station is available at the event centre. At the end of the course you can either go to the Foot-O start (2’ distance) or go back to the event centre (6’ distance).
<b>Map and terrain</b>	Spinaceto - ISSprOM scale 1:4.000 contours 2,5m updated oct.2021 by R.Madella. Older map (2012) is published on the event’s website Neighborhood with a lot of detail: a mix of buildings and park, very few private areas
<b>Bib numbers</b>	Competitors are required to get their own bib number at the registration desk and wear/bring them during the competition: no pins available, please bring your own.
<b>Facilities and other info</b>	Accessible toilets are available close to the event centre, in via Carlo Avolio 60. A public fountain is available at the event centre: bring your own bottle or glass. You can buy food and beverages at ‘Stefania and Massimo’ 250m from the event centre (viale Caduti per la Resistenza 283, just go down via Carlo Avolio and cross the main street)
<b>Sunday 7<sup>th</sup> november – PRE-O event @ Parco degli Acquedotti</b>	
<b>Event centre</b>	Entrance to the park in via Lemonia playground – <a href="#">GPS 41.851278, 12.558818</a> It is an outdoor event center (it is possible to leave small bags at the registration desk)
<b>Transport</b>	GIULIO AGRICOLA metro A station is only 600m away
<b>Start times</b>	First start at <b>10 AM</b> , close to the event centre
<b>Courses</b>	OPEN ELITE / PHYSICALLY CHALLENGED: 24 tasks + 2 time controls DIRECT / BEGINNERS: 11 tasks + 1 time control
<b>Map and terrain</b>	Parco degli Acquedotti - ISSprOM scale 1:4.000 contours 2,5m updated oct.2021 by R.Madella. Older map (2019) is published on the event’s website. Urban park with Roman aqueducts.
<b>Punching system</b>	Timing with Sport-Ident, punching with control card: make sure to enter with the correct si-card number and bring your own puncher. SI-card and puncher rental is available at the registration desk.
<b>Bib numbers</b>	Competitors are required to get their own bib number at the registration desk and wear/bring them during the competition: no pins available, please bring your own.
<b>Prize giving</b>	Prize giving ceremony for both Trail-O and Foot-O events is being held at the event centre at 1.30 PM
<b>Facilities and other info</b>	Accessible toilets are available close to the event centre, in the elderly center next to the park. A public fountain is available at the event centre: bring your own bottle or glass. You can buy food and beverages in ‘Fermentum’ bar/pizzeria next to the event centre.

<b>General information for Saturday and Sunday's FOOT-O events</b>																																	
<b>Event centre</b>	Same as Trail-O, on both days																																
<b>Start times</b>	<p>Saturday from <b>1 PM</b>, Sunday from <b>10 AM</b> (changed from bulletin n.1): free start times, with punching start, when you are ready just go to the start.            Start is located 5' on foot on Saturday and close to the event centre on Sunday.  <u>For both days, all Trail-O competitors entered in OPEN ELITE (PH.CH. on Sunday, too) must finish the TrailO race before competing in the Foot-O courses.</u>            The start will stay open to let all Trail-O competitors have the chance to run.            Foot-O competitors who are not entered to the Trail-O events in OPEN/PH.CH. classes are kindly asked to take an early start.</p>																																
<b>Courses</b>	<p>Lengths are in straight line. Start and Finish are close to each other.</p> <p><b>Course Summary for Spinaceto 6 Nov 21</b></p> <table border="1"> <thead> <tr> <th>Course</th> <th>Controls</th> <th>Length</th> <th>Climb</th> </tr> </thead> <tbody> <tr> <td>NERO</td> <td>25</td> <td>3.4 km</td> <td>35 m</td> </tr> <tr> <td>ROSSO</td> <td>20</td> <td>2.4 km</td> <td>25 m</td> </tr> <tr> <td>BIANCO/ESO</td> <td>15</td> <td>2.0 km</td> <td>15 m</td> </tr> </tbody> </table> <p><b>Course Summary for Acquedotti 7 Nov 21</b></p> <table border="1"> <thead> <tr> <th>Course</th> <th>Controls</th> <th>Length</th> <th>Climb</th> </tr> </thead> <tbody> <tr> <td>NERO</td> <td>25</td> <td>3.1 km</td> <td>30 m</td> </tr> <tr> <td>ROSSO</td> <td>20</td> <td>2.6 km</td> <td>20 m</td> </tr> <tr> <td>BIANCO/ESO</td> <td>10</td> <td>1.1 km</td> <td>10 m</td> </tr> </tbody> </table> <p><u>Sunday's BIANCO/ESORDIENTI course is accessible for wheelchairs (only paths and flat open land with grass surface)</u></p>	Course	Controls	Length	Climb	NERO	25	3.4 km	35 m	ROSSO	20	2.4 km	25 m	BIANCO/ESO	15	2.0 km	15 m	Course	Controls	Length	Climb	NERO	25	3.1 km	30 m	ROSSO	20	2.6 km	20 m	BIANCO/ESO	10	1.1 km	10 m
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<b>Map and terrain</b>	<p>See maps info on the Trail-O events page. Other hints for both areas:</p> <ul style="list-style-type: none"> <li>- they can be wild in places, so shorts are not a good choice.</li> <li>- rubber studs are the best option, but you can also run with normal running shoes</li> <li>- Spinaceto 20% paved, all the rest grass-unpaved-rough-woodland.</li> <li>- Acquedotti 100% unpaved (grass-rough-woodland).</li> </ul>																																
<b>Punching system</b>	Sport-Ident with normal punching (Air+ system not active for SIACs)																																
<b>Facilities and other info</b>	Check the TrailO sections above to know about toilets, refreshments and food/beverages.																																

<b>Touristic Orienteering in Spinaceto on Saturday 6<sup>th</sup> november morning</b>	
<b>Event centre</b>	Same as TempO's event centre on Saturday, open from 10 AM till 12 AM
<b>General info</b>	<p>Spinaceto neighborhood celebrates its 50<sup>th</sup> anniversary since its foundation, with a recreative orienteering event: you'll discover more about the history, nature, architecture, art of Spinaceto with a fun stroll along its parks and buildings, trying to solve photo-orienteering tasks and find orienteering controls, using internet and social media, too. All texts will be in italian only.</p> <p>Entry on spot, FREE of CHARGE.</p> <p>PLEASE NOTE: <u>Trail-O competitors are not allowed to exit the mapped area during the activity, otherwise they'll get disqualified.</u></p>