

A.S.D. ORSA MAGGIORE 20th BIRTHDAY 18/05/1993 -> 18/05/2013

SPRINT/MICR-O RELAY RULES

Race type is relay with 2 legs, each leg is composed by two courses to be run one after the other. Both courses are drawn on the same map:

- a sprint course (approx. 2.5 km) in 1:5000 scale with controls from n.1 to n.10 to be punched directly on the map, on the left margin
- a Micr-O course (approx. 750m) in 1:2000 scale with controls from n.11 to n.20 to be punched directly on the map, on the right margin

Control descriptions will be provided for the sprint course only: on the Micr-O course, no control description will be provided, neither control code will be found on the control itself.

Relay and leg assignment will be random: half of the participant will attend a mass start (group A) and the other half (group B) will wait for the change-over from participants of group A. Assignment of participant to the same relay (teaming-up) will be determined by the team number (from 101 to 120) drawn on the back of the map: maps will be given randomly to group A and B in order to let participants know which is the team mate only after a group A participant will finish the course.

Organizers will help participants during mass start and change-over phases.

No disqualification is given for missing a control or mispunching: penaly time will be summed to race time, 5 minutes for each error in sprint course and 1 minute for each error in Micr-O course.

Rally time is at 4pm, explanation and demonstration will be held at 4.30pm, mass start at 4.40pm. Here's and example of map and courses:



