



A.S.D. Orsa Maggiore

CON IL PATROCINIO DI



MUNICIPIO ROMA VIII



FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO



FISO Lazio

Coppa Italia TEMP-O - Roma / Garbatella - 13/10/2018 **RACE INFO**

Event centre: open from 13.30 at Centro Sociale Anziani “Pullino” - via Giacinto Pullino, 95.
50m from metro B station “Garbatella”

Parking places: near Metro station or in Piazza Giancarlo Vallauri.

Toilets and food: toilets at the event centre + portable toilets (for wheelchairs) just outside the event centre. Near event centre plenty of cafes and pizza places.

Map: Lotti di Garbatella – ISSOM scale 1:4000 – 2,5m contours. All map is embargoed (see <http://asdorsamaggiore.it/temp-o-italian-cup-13-10-18/>) You can run Foot-o race in the morning but before and after the race you can't go back to the map.

Course-setter / Controller / Race director: Remo Madella / Valerio Pfister / Daniele Guardini

OPEN ELITE has 6 stations, with 5 tasks and 6 flags.

Beginners have only 4 stations out of the 6. (Only stations 1 2 5 6).

Start: 200 m South of the event centre, in the park (near Foot-O finish). Start times according to the startlist. Open Elite from 14.30. Beginners from 14.15 to 14.30 (for pre-entered) or after last Elite (for entries on day).

Follow route on small map given at the start.

Timekeeping: with ANT system. Competitors are not given a copy of their answers. If you want to point the answer (instead of speaking) tell the marshal when approaching the station.

Map sets: laminated – made with TiM software – A5 format – only LOOSE maps are given.

You can find an example of the map set near the start, at the sample station.

At each station you find the map set on the chair. After answering please put maps back on the chair (in right order please).

Zero answer tolerance – 4 meters, except for flag on other object or 135 degrees.

Sample station: near the start (near Foot-o finish).

Bib number: compulsory – please make it visible for the marshals.

Prize-giving: at 16.30 at the event centre.

Terrain: mixed, with small parks and urban areas. Very peculiar neighbourhood with plenty of gardens, flowerbeds, stone walls, fences, NO climb except for station number 1.